



Carroll Dragons Basketball

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Special points of interest:

• Varsity Record for Spring/Summer

Spring League	6-2
GASO	4-1
UT Camp	9-1
TABC	8-1
Metrocrest	9-5
Total	36-10

Spring and Summer League

Carroll hosted a very competitive Varsity Spring League. We had 12 Varsity Teams entered. Our Varsity guys finished 6-2. We had 9 sub-Varsity Teams participate in the Coppell Spring League. Wow, approximately 110 Carroll Dragons playing Spring Basketball in grades 7-11.

Our Summer League finished up on July 1st with a 32 team single elimination tournament. Our Varsity Dragons suffered a tough loss to Plano East Senior High in the second round. Our Varsity record was 9-5 in league play. Newman Smith High School won the 2008 Metrocrest Tournament. We had five teams participating in the league

and believe all benefited from the tough competition.

The 20th Annual Metrocrest Summer League is ran by former Head Basketball Coach Jeff Foster. This summer there were 32 Teams in the Varsity Gold Division, 48 Teams in the Varsity Black Division, and 32 Teams in the JV Division.

Metrocrest boast former players like Deron Williams, Utah Jazz (The Col-

ony), Jason Maxiell, Detroit Piston (Newman Smith), Ike Diogu, Portland Trailblazers (Garland), Bracey Wright, Minn. Timberwolves (The Colony). Not to mention many Collegiate players.



METROCREST SUMMER LEAGUE ACTION

Ooops! Wrong Photo

Dragon Player Development

Most of our Players have spent the summer working on Basketball. We had 11 Varsity Players attend the University of Texas Varsity Team Camp (9-1 Record). More than 30 Dragons participated in one of the

TABC Camps at Southwestern University. During the week of July 7-10 Coach Danny Henderson worked with almost 60 players on individual offensive development. Lastly almost all have worked in Open Gym!



CAMPS, CAMPS, CAMPS, CAMPS and CAMPS

This summer our Basketball Staff with help from many hosted Five Camps.

June 30-July 3

1st-3rd Boys

4th-6th Boys

7th-9th Boys

July 7-10

1st-3rd Boys

4th-6th Boys

Take a look



Open Gyms

Last Open Gym in July is Wed. July 16th from 5-8 PM. The last two weeks of July our Floors will be getting Refinished.

Gyms will be Open again in August on Monday and Wednesday Nights from 5-8 PM.

This is a great Time to work on all the Individual Offensive Skills.

Enjoy the Time Off!

S	M	T	W	Th	F	S
	A	A	U	G		
					1	2
3	4 OG	5	6 OG	7	8	9
10	11 OG	12	13 OG	14	15	16
17	18 OG	19	20 OG	21	22	23

WE ARE CARROLL...

PLAY HARD

PLAY SMART

PLAY TOGETHER

Dragon Basketball Website

www.carrollbasketball.com

Make sure you keep up with Dragon Basketball happenings at carrollbasketball.com. It is you one stop for all that is going on in our Program!

Schedules

UIL Forms

Contact Info, ETC...



Our Athletic Booster Club Site is a great site for all Athletics in Carroll ISD.

<http://www.carrolldragons.org/>

Class Schedule Changing in 2008-2009

Our Athletic Periods are changing for 2008-2009 school year. Our JV/Varsity Athletic Period will be 4th/8th Block (last class of the day). While our Sophomore/Freshman Athletic Period will be 1st/5th (1st class of day).

We have moved periods to better use facilities and alleviate conflicts with crossover athletes.

When you receive your athletes schedule, he should be in 4th/8th if he is a Junior or Senior. If he is a Sopho-

more or Freshman he will have 1st/5th..

Please note that some sophomores will start in JV period 4th/8th, but most will start in 1st/5th.

BASKETBALL/FOOTBALL BLOCKS

- **JV/Varsity 4th/8th Block**
- **Freshman 1st/5th Block**

Soph Basketball 1st/5th Block



Things to get done!

Make sure you Athlete has completed the following items before school starts:

- Pre-Participation Athletic Physical
- Acknowledgement of Rules
- Steroid Usage Form
- Please go to our site and click on UIL Required Paperwork. We would love to have this paperwork completed by the first day

of school

Many of you completed the Physical in the spring at Carroll HS. If you did we already have a copy.

Thanks in Advance for getting this done!

Good, better, best. Never let it rest. Until your good is better and your better is best.

-- Tim Duncan

From the coaches desk—

Why We Do What We Do!

Our program has been known over the years as being a program that is obsessively focused on the smallest details, having intensity in everything we are trying to do, and having a respect and seriousness for all components involved in a basketball program.

Coach Youngblood has instilled this mindset into our players and coaching staff, but the question is why? Why does everything have to be so serious? Why does everything have to be so intense? Why do they have to have ten toes to the baseline with the basketball chinned on all lay-ups?

by Assistant Coach Chris Anderson



We are Carroll...play hard, play smart, play together

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Carroll Dragons Basketball

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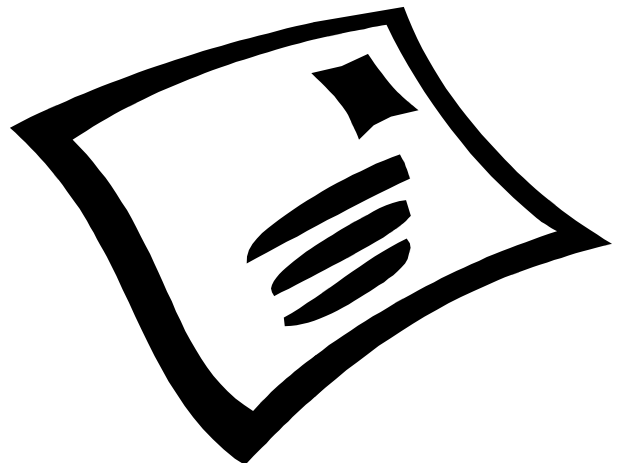
Cont. from page 3 — From the Coaches Desk

I'd briefly like to discuss *why* we do what we do. The main reason that there is an attention to detail in everything we do is because we feel that when our players get out of school and get into the real world, they have to have the habits engrained that will allow them to be successful. If they aren't able to strive for perfection on the basketball floor every day at practice, they are going to have an even harder time raising a family. If we allow our players to be late for practice, we are teaching them the wrong habits, because if they are late to work in the real world, they will be fired. By not holding them accountable NOW, we would be setting up our players for failure in life LATER.

Therefore, in everything we do, we strive for perfection and we stress to our guys that they must have a "Sense of Urgency" in all that they do. By striving for perfection now, they will hopefully continue to strive for it down the road in the game of life.

Chris Anderson

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