



## Dragons Prepare for 6AAAAAA Play

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Our (12-6) Carroll Dragons have two non-district games before district 6AAAAAA play begins. On Monday Jan. 5 we travel to Mesquite to play the (10-8) Horn Jaguars. Then on Friday we travel to Arlington to play the (9-6) Martin Warriors. It is really hard for our staff to believe we are past half way on the season.

Our goal has been to improve as a team and to be playing our best basketball when rugged district 6AAAAAA play begins. As we head into district play we encourage all to come and watch these very committed student athletes PLAY HARD, PLAY SMART, and PLAY TOGETHER!

Current 1/3/2009

### 6AAAAAA RECORDS:

**Coppell 12-4**

**Hebron 15-5**

**Carroll 12-6**

**Marcus 12-7**

**Flower Mound 12-8**

**Lewisville 12-8**

As you can see 6AAAAAA is a very competitive league from top to bottom! Here is our District schedule.

Jan. 16 @ Coppell

Jan. 20 @ Marcus

Jan. 23 Flower Mound

Jan. 27 @ Hebron



**2008 DRAGONS**

*Celebrate Tournament Win*

Jan. 30 Lewisville

Feb. 3 Coppell

Feb. 6 Marcus

Feb. 10 @ Flower Mound

Feb. 13 Hebron

Feb. 17 @ Lewisville

### Special points of interest:

- Dragons have Top Rated Defense in the Metroplex (DMN)
- 6AAAAAA play begins Jan. 16 @ Coppell lets pack their GYM in Green!
- Jan. 23rd Dawson MS Basketball Night
- Jan. 30th Carroll MS Basketball Night

## Sub-Varsity Dragons Continue Domination

Our Sub-Varsity Teams continue to Dominate the competition. Coach Anderson and the JV Team has a current record of 13-4. They won Dragon Classic Championship, 3rd Place in the Keller and Consolation in Marcus Tournament.

Coach Royer and our Sophomore Dragons continue to improve and compete and are 4-4 on the season.

Coach Cravens and our Freshman A-Team are currently 17-2. They won the Central Championship, won

3rd Place in Keller and won Consolation Championship at Heritage.

Our Freshman B-Team has an 18-1 record on the season and have won all three Tournaments. They have not lost since 1st game.



Sophomore Team (No Photo)

- Jalil Gordan
- Ben Dye
- Kevin Morgan
- John Kriegshauser
- Andrew Tak
- Jasper Jenkins
- Nate Tribble
- Logan King
- JD Burt
- Eric Reed
- Derek Christenson
- Josh Wilson
- Frankie Rodriguez

Congratulations to the 68 Carroll HS and Carroll Senior HS Dragons

Overall Record as of 1/3/2008

**64-17**



# Family, Health, Friends, and Spirit

Brian Dyson, CEO of Coca Cola Enterprises, included the following comments in a university commencement address he delivered several years ago on the relationship of work to one's other commitments in life. He suggests we all have five "blue chip" items to manage along with some suggestions on how to do so.

Image life as a game in which you juggle in the air five balls named work, family, health, friends, and spirit. As you endeavor to keep them all in the air, you will soon realize that work is a rubber ball, and if you drop it, it will bounce back. The other four balls, however, family, health, friends, and spirit are made of glass. Drop one of them, and the ball is irrevocably scuffed, marked, nicked, damaged, or even shattered, never to be the same. You must understand this fact, and strive for balance in your life. How?

1. Don't undermine your worth by comparing yourself with others. It is because we are different that each of us is special.
2. Don't set your goals by what other people deem important. Only you know what is best for you.
3. Don't take for granted the things closest to your heart. Cling to them as you would your life, for without them life is meaningless.
4. Don't let life slip through your fingers by living in the past, or living for the future. By living your life one day at a time, you live ALL the days of your life.
5. Don't give up when you still have something to give. Nothing is really over until the moment you stop trying.
6. Don't be afraid to admit that you are less than perfect. It is this fragile thread that binds us to each other.
7. Don't be afraid to encounter risks. It is by taking chances that we learn how to be brave.
8. Don't shut love out of your life by saying it is impossible to find time. The quickest way to receive love is to give it; the fastest way to lose love is to hold it too tight; and the best way to keep love is to give it wings.
9. Don't run through life so fast that you forget not only where you've been, but also where you're going.
10. Don't forget, a person's greatest emotional need is to feel appreciated.
11. Don't be afraid to learn. Knowledge is weightless, a treasure you can always carry easily.
12. Don't use time, or words, carelessly. Neither can be retrieved. Life is not a race; rather, it is a journey to be savored each step of the way.

*Yesterday is history.  
Tomorrow is a mystery.  
Today is a gift, and that is why we call it The Present.*

**Compliments of Carroll Basketball**

We are CARROLL...Play Hard,  
Play Smart, Play Together

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Left Row: Hysom Zarroug, Justin Bosworth, Taylor Howell, Jeff Baran, Chris Roberts, William Brown

Right Row: Austin Horn, Cole Balkman, Kevin Platt, Ross Duval, Jimmy Ruth.

## Duke's Coach K



**Coach K, What do you do?** This is what I do. I determine how good our kids can be by watching them, by getting to know them, by building relationships with them. I constantly try to take a realistic look at our team and try not to let the final outcome of any game spike emotions too high or too low. And then I also work with the guys over the course of the entire season to help raise them to their highest potential.

**Every Season Is a Journey** During the season, your team should be led with exuberance and excitement.

You should live the journey.

You should live it right. You should live it together. You should live it shared. You should try to make one another better. You should get on one another if somebody's not doing their part. You should hug one another when they are. You should be disappointed in a loss and exhilarated in a win. It's all about the journey. It should be honest and it should be real. It's not about winning games or what other people's expectations of us may be. We're not going to fall into the traps that so many people fall into. That's not why we are going to play. We are going to play for innocence.

### On Being a Great Team

When *everyone* on our team believes that our own personal signature is on *everything* our team does -- then we have a chance to be a great basketball team. And not until we believe that every ball we play with says "**Duke**" on it, will we be proud of our performance.

### On Major Achievements

Playing hard together, being the best defensive team, and players building strong bonds with one another, are shared goals that involve working together as a group over the entire year. If a team consistently concentrates on goals like that, major achievements happen.